

According to the World Health Organization, acupuncture is successfully used to treat...

#### Addiction Control

- Anxiety
- Arthritis
- Athletic Performance
- Back Pain
- Blood Pressure Regulation
- Chronic Fatigue
- Constipation
- Depression
- Headaches
- Joint Pain
- Indigestion
- Infertility
- Insomnia
- Menopausal Symptoms
- Pain and Spasms
- Shoulder Pain
- Post-operative pain
- Post-stroke paralysis and more...



Awakening Balance ACUPUNCTURE

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# Awakening Balance ACUPUNCTURE & Traditional Chinese Herbs



Traditional Chinese Medicine (TCM) includes acupuncture, herbal remedies and much more. TCM has been proven to be beneficial in treating all imbalances of the body for centuries.

Awakening Balance is a preferred provider as we cover all insurance company premium plans.

We strive to do our very best each and every treatment.

### What Can I Expect During a Typical First Visit?

- Be prepared to spend up to 90 minutes with us
- Healing modalities we employ include acupuncture, acupressure, tui-na, moxibustion, cupping, gua-sha, electronic stimulation, auricular therapy, topicals, injection therapy, and Traditional Chinese Herbs.
- We are a preferred provider for all insurance companies and will take care of the billing in accordance with your coverage plan

# Steps of Care Health & Vitality with Acupunture

Each visit builds on previous visits, paving the way toward eliminating your initial problems and complaints, leading you toward a balanced, healthy and holistic lifestyle.

#### Relief Care

Quick relief from pain, discomfort and other symptoms, allowing you to feel better fast. Your aches or pains will be dramatically reduced or eliminated.

#### Corrective Care

Maintains and supports the changes you have achieved and provides a foundation for deeper healing. Underlying problems can now be addressed.

### Chinese Herbal Prescriptions

Chinese herbs are regularly part of treating the whole patient along with acupunture. However, herbal prescriptions need



not always be accompanied by acupuncture. Herbal consultations are as timely and complex a treatment modality as acupunture and prescriptions can take as much as a full day to prepare.

Outstanding resources allow us to formulate a safe and effective prescription for you even if you are taking conventional pharmaceutical drugs. However, there are some pharmaceuticals that do not mix with certain Chinesse herbs.

Herbs are powerful substances that have recently been controlled by the FDA in the United States Some insurance companies pay for acupuncture as well as for traditional Chinese herbs.

Preserves the progress you have

body's resistance, keeping you

free from illness.

healthy, balanced and potentially

made and further strengthens your

Maintenance & Wellness Care

### Cosmetic Acupuncture

Cosmetic Acupuncture is a natural way to treat the signs and symptoms of the aging process with no

permanent side effects. This remarkable therapy not only helps regulate the whole body's healthy functions, but it also naturally stimulates the production and circulation of the body's natural collagen.

## Healthy Skin Care

Ancient Chinese skin nourishing formulas have stood the test of time and we bring these formulations to our modern day with high success. Nourishing the skin by eliminating toxins, blemishes, and other signs of



ageing, our simple all-natural skin care system works for your best whole-body health and beauty.

#### Post-stroke Paralysis & Bells Palsy

Treatments use Chinese scalp acupuncture which was developed by neurosurgeons. Needles or mild electro-stimulation is applied to points on the scalp to trigger a process of relearning so that healthy areas of the brain take over for areas that are no longer functioning effectively. For example, patients who have suffered stroke or brain damage can regain the use of arms legs and face by stimulating new parts of the brain to take over this function.

#### Each white dot equals a visit. The closer together the dots, the more frequent the visits.